



EDP Lisbon Half Marathon Regulations

1. Organized by Maratona Clube de Portugal, “EDP Lisbon Half Marathon” is a pedestrian event destined to all individuals born in or before 1997 and will be held on March the 22nd of 2020 with start at 10:30 am;

2. The Start of the Half Marathon is on the tolls’ square of the Bridge 25 de Abril;

2.1 There will be a Start in Algés, but only for elite athletes and others who have the minimum time required by the organization – under 1h05m, performed in the last 3 years: in the Lisbon Half Marathon, in the Portugal Half Marathon or in any other significant Marathon. In the women’s competition, the minimum time required is 1h20m, under the same conditions as the male ranking.

a) All athletes not included in the previous paragraph, but with under 1h10m in the Half Marathon (performed in the last three years in the Lisbon Half Marathon or the Portugal Half Marathon) may request a VIP dorsal to start at the front, in the Tolls’ Square of the Bridge 25 de Abril. The request must be made in writing and in advance;

b) Unless they meet the conditions required by the organization to start along with the elite, in Algés, the athletes of categories W/M35, W/M40, W/M45, W/M50, W/M55 and W/M60 will have to start off in the Tolls’ Square of the Bridge 25 de Abril. In this case, they may choose one of the Starts, but to depart in Algés (while picking up the race number) they will have to mandatorily sign-up in the Adult category.

2.2 The VIP race numbers for the VIP Start (front of the pack) in the Bridge 25 de Abril are only assigned to athletes with under 1h10m in case of male athletes and under 1h20m in case of female athletes (as explained above). The organization reserves the right to assign VIP bib numbers to athletes/personalities invited by the organization.

2.3 Special VIP

There will be registrations limited for “special VIP” race numbers. The registration fee for Special VIP BIBS is EUR 150.00.





Holders of this type of “special VIP” dorsal are entitled to:

Transport from the event’s official hotel to the Start;

Direct access to the race front;

An area for collecting equipment;

Entry to the VIP area and have breakfast at the end of the race.

The various races starting hours will be the following:

3.1

a) The Womens’ Elite will start in Algés at 10.15 am;

b) The popular athletes starting from the Tolls’ Square of the Bridge 25 de Abril and the Men’s Elite (that start from Algés) will departure at 10.30 am.

3.2 After the Start, the HALF MARATHON athletes will meet at km 5 (Alcântara) and will all follow the same course from there on, while the finish line is once more in front of the Jerónimos Monastery.

4. All athletes registered in the Half Marathon are entitled to a technical T-shirt and gifts when picking up the BIB.

5. The assessment of the course was made by the AIMS Delegate and according to the IAAF international regulations;

6. The categories are defined by the FPA regulations, as follows:

W/M35 = 35 to 39 years (on race day);

W/M40 = 40 to 44 years (on race day);

W/M45 = 45 to 49 years (on race day);

W/M50 = 50 to 54 years (on race day);

W/M55 = 55 to 59 years (on race day);





7. All athletes registered at the half marathon must pick up a chip corresponding to its BIB number to determine the final times.

Supplies

8. There will be a special service of official supplies (water, sports drinks, fruits) from km 5 (2.5 km by 2.5 km) and at the Finish Line.

Checkpoints

9. There will be checkpoint areas for the runners, being disqualified any athlete who:

- Isn't properly registered;
- Does not wear the assigned race number
- Does not complete the full course

Security/Medical Assistance

10. Participants must meet the necessary health conditions to the sports practice. Upon registering, they assume being physically and psychologically prepared for the physical effort inherent to the event they are participating.

10.1. It is recommended that the athletes fill in the name, contact (in case of emergency) and any medical details they consider appropriate on the back of the dorsal. This information may be of the utmost importance in case a health problem arises during the course.

2. Under the guidance of a renowned team of experts, the organization arranged a special medical service but is not responsible for any accident that may occur during the event;

3. Under articles 15 and 18 of Decree-Law 10/2009, all participating athletes are covered by a personal accident insurance with a capital for death or permanent disability of EUR 28.000.00 and treatment costs up to EUR 4.000.00.

Ratings

11. The time control system is managed by the chip attached with the BIB;





Doping

12. There will be 6 checks for the male group and 6 for the women. These athletes are required to attend the anti-doping control in accordance with the rules of the IAAF.

Awards

13. The main prize money is for the senior level and will be awarded only to elite athletes.

14. The remaining prize money will be sent after checking the ratings, according to a table published and against prior delivery of the respective invoice or other format available, in accordance with the Portuguese tax regulations.

Senior Female and Female athletes: €1.500, €1.000, €750, €500, €300

M35: €250, €150, €100

M40, M45, M50, M55 and M60: €200, €100, €50

F35: €250, €150, €100

F40: €200, €100, €50

3. All athletes will receive an official medal and other souvenirs.

