



Regulations

1. The MCP Virtual Races are organized by Maratona Clube de Portugal with the support of the Lisbon City Council and its partners.
2. The main objective of these races is to motivate and inspire the community, national and international, to stay active and promote a healthy lifestyle, even in these times when we have to live in "social distancing".
3. Participants should be aware of their physical limitations and only participate if they meet ideal health conditions for sports. The MCP and its partners are not responsible for any incidents that occur during participation in the races (there is no accident insurance associated with registration).
4. To participate the runners just have to:
 - a. Make the registration for the race or races wishing to participate in the form created for this purpose
 - b. After confirming their registration, each participant will receive a personalized BIB in PDF format by email
 - c. The participants must complete the distance proposed in each race within the time defined. The participants can complete the distance in more than one session or training, so they do not have to run the proposed distance at once.
 - d. Once the distance has been completed, the participant must submit, in the form for this purpose, a photo/s of the application (smartphone or smart-watch) with which it have registered the participation. The participants can upload one or more photos. The participation photos must be submitted up to a week after the race finishing time.
 - e. After submission the participation registration, it will receive personalized participation certificate in PDF format by email
5. The number of registrations available is limited.
6. There are 7 virtual races, each with the support of a club partner and with specific dates and distances.

EDP 10K Virtual Race

Distance: 10 km

Participation timing: from 22nd to 24th of May



Vodafone 5K Virtual Race

Distance: 5 km

Participation timing: from 29th to 31st of May

Luso 10K Virtual Race

Distance: 10 km

Participation timing: from 5th to 07th of June

Jogos Santa Casa 5K Virtual Race

Distance: 5 km

Participation timing: from 12th to 14th of June

Renault 10K Virtual Race

Distance: 10 km

Participation timing: from 19th to 21st of June

CME 5K Virtual Race

Distance: 5 km

Participation timing: from 26th to 28th of June

Mimosa 10K Virtual Race

Distance: 10 km

Participation timing: from 3rd to 5th of July

6. Some partners will reward the participants with special offers. Offers are limited to existing stock.
7. The delivery of the offers is made by mail at the address defined at the registration form. Due to current limitations, delivery of offers may take between 6 to 8 weeks.
8. Maratona Clube de Portugal and its partners reserve the right to cancel one or more races without notice.
9. The participation of a virtual race must comply with the rules imposed by local Health authorities.



10. All the virtual races are free.